



SALEM HILLS HIGH SCHOOL

"Skyhawk Happenings"

Jan. 20th, 2021

SOURCES OF INFORMATION

(Website) shhs.nebo.edu

(Instagram) [salem_hills](https://www.instagram.com/salem_hills)

(Facebook) [salem hills high school](https://www.facebook.com/salemhillshighschool)

MASK UP

Please wear the mask over the nose and mouth, whenever in the building or around others! We want to keep our students, faculty, and staff safe here at SHHS. We need EVERYONE to follow the guidelines when it comes to masks and social distancing. Let's all work together, so we can keep our school open and those around us safe.

SHHS DRIVERS ED

All of our Salem Hills Drivers Ed information is now available on our website. For instructions or to register, visit <https://sites.google.com/nebo.edu/shhsdriversed/home>. If you have additional questions email eric.mcdonald@nebo.edu

COVID TESTING

Rapid Covid testing will continue with our athletes, participants, managers, coaches, and advisors. The testing location will be in the team/spirit room, with Amy Bartholomew in charge. (See attached flyer with the complete schedule). Dates and times are subject to change.

CTE IMPORTANT REMINDER (See attached flyer below)

Concurrent Enrollment Registration is Open for a few more weeks!

UVU Deadlines

Admissions- January 20th

Registration- January 25th

Pay Tuition- February 3rd

All you need to know is found on this website

[Salem-hills-high-school/concurrent-enrollment](https://www.salem-hills-high-school.com/concurrent-enrollment)

See Ms Turnbow with any questions in C-100

IMPORTANT ACT INFORMATION

March 16th will be the ACT for **Juniors** only! Sophomores and seniors will not attend on that day. Juniors will automatically be registered for this test. More information regarding the test will be coming in the following weeks.

(EVERYONE INVITED FOR WEEKLY WELLNESS)

Schedule Weekly Wellness

Monday 1/18: No School! 😊



1/19: Together Tuesday
Library @ 2:00PM

1/20: Workout Wednesday

Weight Lifting @ 1:45pm (Weight Room) 

Yoga @ 2:00pm (Dance Room)



1/21: Thrive Thursday
Dealing with Grief & Depression
D103 @ 2:00pm



Meet in Room D103
(Across from the Library)
@ 2:00pm for a 15
minute meditation
followed by a discussion
on managing our anxiety
with Corom

MEDITATION & MANAGING
ANXIETY MONDAY

TOGETHER TUESDAY

○ — ○
**Meet in the
Library @2:00 for
our Social
Connections
Group with the
Counseling Team**
○ — ○

WEIGHT LIFTING
@ 1:45 PM IN THE
WEIGHT ROOM

S'W'S

Workout

Wednesday

YOGA @ 2:00 PM
IN THE DANCE ROOM

THRIVE THURSDAY

COPING WITH DEPRESSION & GRIEF

MEET IN ROOM D103 @2:00PM



STUDENTS OF THE MONTH



Eddy Bolanos



Lilly Gardner



Maddux Howard



Dillan Fullmer



Liesl Adams



Brooklyn Nielsen

Scheduled events on the calendar

Tuesday, Jan.19th

*Girls Basketball vs Springville

*Together tuesday social connections in the Library @ 2:00 PM

Wednesday, Jan.20th

*Wednesday workout weight lifting @1:45 (Weight room)

*Boys Basketball @ Springville (Varsity Only)

*Yoga @ 2:00 in the (Dance room)

Thursday, Jan 21st

*Thrive Thursday dealing with Grief and Depression @ 2:00 (Room D103)

*Wrestling vs Maple Mountain Varsity @ 7:00PM

Friday, Jan.22nd

*Boys Basketball vs Maple Mountain (No Sophomore game)

*Girls Basketball @ Maple Mountain

*Wrestling @ Mt.View-5A Duals, Varsity only

Saturday, Jan.23rd

*State Cheer Competition @ Hillcrest High School

Monday, Jan.25th

*Meditation Monday (weekly wellness)

Tuesday, Jan.26th

*Together Tuesday (weekly wellness)

*Girls Basketball @ Wasatch

*Boys Basketball vs Wasatch

*Swim vs Maple Mtn.

Wednesday, Jan.27th

*Workout Wednesday (weekly wellness)

*Wrestling @ ALA

Thursday, Jan.28th

*Thrive Thursday (weekly wellness)

Friday, Jan.29th

*Girls Basketball vs Payson

*Boys Basketball @ Payson

Saturday, Jan.30th

*Wrestling @ Mt. Crest-(Swensen Invite)



ATHLETE OF THE WEEK



Kya Powell-Swim Team



SHHS Concurrent Enrollment Planner

Spring 2021 Course Offerings

UVU Registration is open! If you are signed up for a spring course at SHHS that offers Concurrent Enrollment credit please get registered.

- **What is Concurrent Enrollment (CE)?** An opportunity for high school students to take college-credit courses taught by college-approved high school teachers.
- **Why you should be interested!** This is a perfect opportunity for you to save time and money while earning college credit. Each class is \$5.00 per credit hour.
- **How do you sign-up?** Follow these step by step instructions.

Students must have a 3.0 Cumulative GPA for Academic Courses - 2.0 Cumulative GPA for CTE Courses. If you have any questions please contact Aubrey Turnbow @ aubrey.turnbow@nebo.edu or extension 1288.

Deadlines to pay attention to:

January 20- Last day to complete UVU admissions and pay \$35 fee.

January 21- Last day to submit prerequisites to the CE office.

January 25- Last day to complete course signup with CRN#.

February 3- Tuition Due.

February 26-Last day to DROP WITHOUT a W.

March 16- Last day with WITHDRAW with a W.

UVU Concurrent Enrollment Courses offered and potential college tuition savings.					
SHHS Concurrent Enrollment Course	Instructor	University Course that is Satisfied	FALL CRN Numbers	University Credits	Tuition Savings
Business & Marketing					
Business Management CE	Alex Robinson	MGMT 1010		3	\$746.00
Business Office Specialist CE	Robinson Stillhart	IM 2010	Robinson-21720 Stillhart- 34374	3	\$746.00
Digital Business Apps CE	Angela Nederhand	IM2800	33112	3	\$746.00
Video 2	Angela Nederhand	DGM1520	31824	3	
Financial Literacy CE	Alex Robinson	FIN 1060 Personal Finance	31584	3	\$746.00
English Composition					
ENGL 2010:	Lesue Muir	ENGL 2010 Intermediate Writing	Lesue-29908 Muir- 29929	3	\$746.00
Fine Arts					
Music Appreciation CE	Ryan Adair	American Popular Music MUSC 1030	24285	3	\$746.00
Art 1020 CE	Sarah Shuler	Basic Drawing for non majors	33081	3	\$746.00
Art History	Sarah Shuler	Intro to Visual Arts	29240	3	\$746.00
Political Science					
Government and Politics 1100 CE	Nathaniel Morrell	American National Government POLS 1100	28033	3	\$746.00
Quantitative Literacy/Math					
MATH 1040 CE	Temprance Coffey	STAT1040	28854	3	\$746.00
MATH 1050 CE		College Algebra	Garrett- 33126 Tolbert- 28908 Coffey- 34398	4	\$846.00

Go to transferUtah.org for more information on how course credits earned at one college may transfer to other Utah institutions.

Snow College

MATH 1210	Porter Nielsen	Calculus 1210	2197	5	\$999.00
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REGISTERING FOR A UVU CONCURRENT ENROLLMENT CLASS

Go to UVU's CE website: www.uvu.edu/concurrent



Students should have already completed Step 1, Admissions, before using this tutorial to register for classes.

Students are responsible for completing this registration process with the assistance of parents or teachers as needed. Due to FERPA laws, UVU will NOT work with parents calling on behalf of their students.

Step 1:



Click on the menu on the top left and choose myUVU

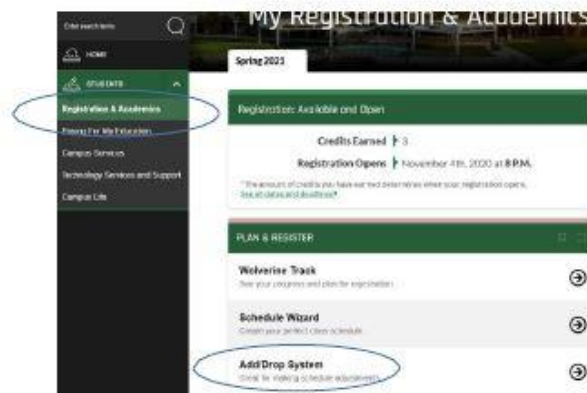


Step 2:

Log in with your UVID number; this number was sent to you in an email. Your password is your birthday the first time you log in: mmddyyyy

Step 3:

Select Registration & Academics Add/Drop System



Step 4:

Select Add/Drop/Waitlist Classes



Step 5:

Choose 2021 Spring

(You may have to answer some additional demographic/financial aid/FERPA questions before getting to the following screen.) Click on Enter CRNs.

Step6

Register for Classes

Find Classes Enter CRNs Plans Schedule and Options

Enter Course Reference Numbers (CRNs) to Register
Term: 2020 SPRING

CRN

CRN

+ Add Another CRN Add to Summary

Register for Classes

Find Classes Enter CRNs Plans Schedule and Options

Enter Course Reference Numbers (CRNs) to Register
Term: 2020 SPRING

CRN 28787 College Algebra 2L MATH 1050 J64

CRN 23888 FINAID HLTH 1288 J64

CRN

+ Add Another CRN Add to Summary

Step7

Type the CRN numbers for your CE classes. You can enter several CRNs at a time by selecting Add Another CRN. CRNs are available from your teacher, in the Counseling Office, or from Mrs. Dunn in C100. After typing in the CRNs, click **Add to Summary**. The panels at the bottom of the screen will pop up to look like the picture below. At the bottom right-hand side of the screen, click on **Submit** to complete the registration process. Your status will change from "Pending" to "Registered" and it will show up in green.

Summary							Actions and Tools
Title	Details	Hours	CRN	Schedule Type	Status	Action - Click Submit to Save	
Advanced Algebra Placement	POLS 1190 J64	3	19397	Face to Face	Pending	Register	
Introduction to Academic Writing	ENGL 1910 J64	3	20631	Face to Face	Pending	Register	
Total Hours: Registered: 0 Pending: 0 On Hold: 0 Max: 0 Max: 20							Conditional Add and Drop Submit

Status:

Errors Preventing Regist...

Sometimes, students will receive a registration error. This usually means you need to submit a prerequisite test score, either from ACT or the Accuplacer/ALEKS test. You can request a copy of your transcript with ACT score in the Counseling Office. The Accuplacer and ALEKS tests are only available at UVU.

Step 8: Check to be sure the status says **Registered**.

Summary							Actions - Click Submit to Save
Title	Details	Hours	CRN	Schedule Type	Status	Action - Click Submit to Save	
Introduction to Academic Writing	ENGL 1910 J64	3	20631	Face to Face	Registered	None	
Intermediate Algebra	MAT 1010 J64	4	27880	Face to Face	Registered	None	

Step9

Your tuition balance might be different! It depends on how many classes you're taking.

Paying for My Education

Spring 2021

PAYMENT INFORMATION

Unenrolled

Balance Due: \$15.00
The payment deadline begins 05/29/2021.

Pay Now

NEW STUDENT ACCOUNT

Make a Payment

PAY TUITION:

After you have registered for all of your classes, you will need to pay tuition. Go back to the Student tab of myUVU and select "Paying for my Education" and then Pay Now or Make a Payment. Follow prompts to pay for your tuition. Tuition is \$5 per credit hour.

For assistance with holds or other registration problems, students can call UVU's Concurrent Enrollment office at 801-863-8376. Most holds are tuition holds as a result of not paying tuition from a previous semester. These can be resolved under the "Paying for My Education" tab on your UVU account.

CTE Scholarships!

Utah Career and Technical Education (CTE) Scholarships and Tuition Awards

Last year, 293 high school seniors applied for a Utah CTE Scholarship and Tuition Award, with 117 of the applicants receiving a college scholarship.



Learning that works
for Utah



Who is eligible to earn a scholarship?

- > Students seeking a one-year certificate, or a two-year associate or technical degree. OR
- > Students seeking to be a teacher in a CTE area (four-year program).

What schools offer a scholarship? Number available

> Dixie State University	4
> Salt Lake Community College	20
> Snow College—Richfield Campus	2
> Southern Utah University	1
> Utah Valley University (UVU)	20
> Weber State University (WSU)	8
> Bridgerland Technical College	10
> Davis Technical College	10
> Dixie Technical College	2
> Mountainland Technical College	15
> Ogden-Weber Technical College	8
> Southwest Technical College	3
> Tooele Technical College	6
> Uintah Basin Technical College	4

Note: Some institutions offer less than full tuition.

Where do I obtain information about the application process?

- > Check with your CTE teacher or school counselor.
- > Check the Web at <https://www.schools.utah.gov/cte/resources/scholarshipsawards>.



When is the application deadline?

- > Friday, January 29, 2021
Submit application electronically via Adobe Sign.

How do I apply?

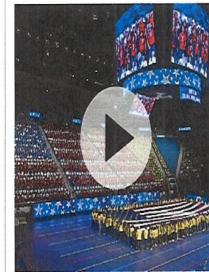
- > Log on to <https://www.schools.utah.gov/cte/resources/scholarshipsawards> for the scholarship application and for institution information.



2021 PATRIOTIC CONTESTS & EDUCATIONAL EVENTS

GOD • FAMILY • FREEDOM • COUNTRY

2021 Theme for All Contests:
First Amendment to the Constitution of the United States



ESSAY CONTEST

PRIZES: Win up to \$500

ELIGIBILITY: Open to all students, grades K-12

DIVISIONS:

→ Grades K-3 → Grades 4-6
→ Grades 7-9 → Grades 10-12

SUBMISSION: Submit completed entry form and original essay to:
essaycontest@freedomfestival.org

DEADLINE: February 22, 2021

CONTACT:
essaycontest@freedomfestival.org

• For more information on rules, registration, and submission requirements, visit:
freedomfestival.org/event/essay-contest



SPEECH CONTEST

PRIZES: Win up to \$600 and the opportunity to deliver their speech at America's Freedom Festival Patriotic Service fireside!

ELIGIBILITY: Open to all students grades 6-12

SUBMISSION: Upload a recorded video of speech

DEADLINE: March 27, 2021

CONTACT:
speechcontest@freedomfestival.org

• For more information on rules, registration, and submission requirements, visit:
freedomfestival.org/event/speech-contest



ART CONTEST

PRIZES: Win up to \$500

ELIGIBILITY: Open to all students, grades K-12

DIVISIONS:

→ Grades K-3 → Grades 4-6
→ Grades 7-9 → Grades 10-12

SUBMISSION: Submit entry form and original artwork to:
artcontest@freedomfestival.org

DEADLINE: February 22, 2021

CONTACT: artcontest@freedomfestival.org

• For more information on rules, registration, and submission requirements, visit:
freedomfestival.org/event/art-contest



TEACHER CONTEST

PRIZES: Win up to \$500

ELIGIBILITY: Open to all teachers, grades K-12

DIVISIONS:

→ Grades K-3 → Grades 4-6
→ Grades 7-9 → Grades 10-12

SUBMISSION: Submit completed entry form to:
teachercontest@freedomfestival.org

DEADLINE: May 15, 2021

CONTACT: teachercontest@freedomfestival.org

• For more information on rules, registration, and submission requirements, visit:
freedomfestival.org/event/teacher-contest

HOPE OF AMERICA STUDENT SHOWCASE

Hope of America is a musical program celebrating America's freedom through song, choreography, video, and sign language.

CONTACT: To learn more about Hope of America, or to participate in the 2021 event or use the material in your own school, please contact sherry@freedomfestival.org

• Learn more: hopeofamerica.org

HOPE OF AMERICA SCHOOL SPIRIT CONTEST

PRIZES: Win up to \$500 and a pizza party

ELIGIBILITY: Open to all schools participating in Hope of America

DEADLINE: May 15, 2021

CONTACT: hopeofamericaschoolspiritcontest@freedomfestival.org

• Learn more: freedomfestival.org/event/hopeofamericaschoolspirit-contest

Agriculture (Ag) Cross-Curricular Collaboration

Monday, January 11, 2021 the Salem Hills High Ag teachers hosted our cross-curricular CTE collaboration. It was amazing to see the involvement and support from their FFA officer team. We had Career Technical Education (CTE) teachers from a variety of content areas from the jr high and high school, and counselors attend to gain a better understanding of what our Ag department has to offer. We focused on how we can connect our classes and have a better understanding of what goes on there. Christina Morgan and Corey Warren, our Ag teachers, educated us on the three circle model of education, floral arrangements, mock FFA events and ended by touring the animal lab. One of the great things they presented was how class/lab instruction, the FFA student organization (club) and supervised agricultural experience (SAE) are what make up an agricultural education program.

The hands on skills that are used in the classroom and labs, help students to apply what they have learned to their real world SAE projects. These Ag classes and FFA club offers "Premier leadership, personal growth and career success through engagement in FFA programs and activities". The FFA officers demonstrated examples of what they do in competition like food science science, horse judging, agricultural sales and agricultural mechanics. It was great for the all CTE teachers to realize their classes' connection to the agricultural science curriculum. We focus on intentionally applying multiple academic disciplines simultaneously, as an effective way to teach students transferable problem solving skills, give real-world meaning to school assignments, and increase engagement and rigor.



COVID TESTING SCHEDULE

*****Dates and times are subject to change**

January 11: A-day

2:00 - Track & Field
2:30 - Boys Tennis
2:45 - Girls Golf

January 12: B-day

2:00 - Baseball
2:30 - Boys Soccer
3:00 - Softball

January 19: A-day (157)

2:00 - Boys Basketball (37)
2:30 - Girls Basketball (27)
3:00 - Cheer Team (31)
3:15 - Debate (62 ?)

January 20: B-day (123)

2:00 - Wrestling Team (42)
2:20 - Drill Team (16)
2:25 - Swim Team (56)
2:45 - Colorguard (9)

January 25: A-day

2:00 - Track & Field
2:30 - Boys Tennis
2:45 - Girls Golf

January 26: B-day

2:00 - Baseball
2:30 - Boys Soccer
3:00 - Softball

February 1: A-day

2:00 - Boys Basketball
2:30 - Girls Basketball
3:00 - Cheer Team
3:15 - Debate

February 2: B-day

2:00 - Wrestling Team
2:20 - Drill Team
2:25 - Swim Team
2:45 - Drama
3:00 - color guard

February 8: B-day

2:00 - Baseball
2:30 - Boys Soccer
3:00 - Softball

February 9: A-day

2:00 - Wrestling Team
2:30 - Track & Field
3:00 - Boys Tennis
3:15 - Girls Golf

February 16: B-day

2:00 - Boys Basketball
2:30 - Girls Basketball
3:00 - Cheer Team
3:15 - Debate

February 17: A-day

2:00 - Drill Team
2:05 - Swim Team
2:30 - color Guard

February 22: B-day

2:00 - Baseball
2:30 - Boys Soccer
3:00 - Softball
3:30 - Drama
4:00 - Choir & Orchestra (80)

February 23: A-day

2:00 - Track & Field
2:30 - Boys Tennis
2:45 - Girls Golf
3:00 - Choir & Orchestra (80)

March 8: B-day

2:00 - Drama
2:30 - Choir
3:00 - Orchestra

March 22: A-day

2:00 - Choir