

# Parent Seminar on Youth Protection



Join us for a free parent seminar with information on substance abuse, bullying, mental health and Internet safety.

**Spanish Fork High  
Auditorium**  
99 North 300 West, Spanish  
Fork

Nights for parents of secondary school-age-children:

- **Monday January 12<sup>th</sup>  
6:30-8 p.m.**

**Payson High  
Auditorium**

**1050 South Main  
Street, Payson**

Nights for parents of secondary  
school-age children:

- **Monday February  
9<sup>th</sup> 6:30-8 p.m.**

## **Topics include**

- Mental Health issues/suicide warning signs, including prevention tips, how to get help and access to community resources
- Substance abuse prevention and intervention tips
- Bullying – what it is as well as prevention and intervention help.
- Internet safety tips and resource material.

USOE Suicide Prevention  
Specialist Cathy Davis  
cathy.davis@schools.utah.gov  
801-538-7868

Contact Information: Nebo  
School District Student  
Services Department  
801-354-7420