

SKYHAWK HAPPENINGS

SALEM HILLS HIGH SCHOOL



JANUARY 13TH - JANUARY 20TH

Fri 1/13	Sat 1/14	Mon 1/16	Tues 1/17	Wed 1/18	Thurs 1/19
No School 5:15PM Girls Basketball vs Wasatch 7:00PM Boys Basketball vs Wasatch Girls Wrestling @ Bountiful Boys Wrestling @ Wyoming All State Band and Orchestra District Dance Tour @ Florida UMEA Honor Choir	Boys Wrestling @ Wyoming Drill Team @ Roy HS Cheer: Central Region Divisional @ Lehi HS All State Band and Orchestra District Dance Tour @ Florida UMEA Honor Choir	No School Martin Luther King Jr. Day	5:15PM Girls Basketball @ Springville 7:00PM Boys Basketball @ Springville	7:00PM Wrestling vs Grantsville	7:00PM "Romeo & Juliet" Wrestling @ Maple Mountain with Farmington 3:45PM Swim vs Provo & Payson (Clyde Rec Ctr) Drill Region @ Wasatch HS

Fri 1/20	Sat 1/21	Mon 1/23	Tues 1/24	Wed 1/25	Thurs 1/26
7:00PM "Romeo & Juliet" Swim Highland Invitational (Fairmont Aq.Ctr) Girls Basketball @ Maple Mountain Boys Basketball @ Maple Mountain Boys Wrestling @ Enterprise	7:00PM "Romeo & Juliet" Swim Highland Invitational (Fairmont Aq.Ctr) Boys Wrestling @ Enterprise Girls Wrestling @ Mountain View	7:00PM "Romeo & Juliet"	3:30PM Girls Basketball vs Provo 7:00PM Boys Basketball vs Provo	No Events	No Events

IMPORTANT SHHS INFORMATION

COUNSELING

Counseling Department Information

January 16- U of U admissions letters sent out.

If you have applied to the U of U check your emails.

January 17 - February 3 - Junior CCR

Appointments - Check your student email.

Counselors sent out information about scheduling your CCR - (college and career readiness plan). They will go over classes for next year and answer any questions you may have.

January 19- Parent Mental Health Night
(See attached Flyer)

January 23- Aviation & Criminal Justice night at the ALC in Salem from 6:00-7:00 pm. Discover possible careers, promising jobs, and earning potential. Visit with UVU professors, students, and staff. Come ready to ask questions, make connections, and soak up information.

January 27 - CTE Scholarship due!

Scholarships and Tuition Awards (utah.gov)

February 1- Opportunity Scholarship Final Deadline!

Seniors - find scholarships by clicking on the following link:

<https://shhscounseling.wixsite.com/website/scholarships>

Now is the time to apply for scholarships!!!

SKYHAWK ATHLETICS

For information regarding all things athletics including weekly sporting updates, calendaring information, register my athlete, etc.

Please visit our Skyhawk Athletics page here:

[Skyhawk Athletics](#)

FINANCE

All school related fees can be paid online at myschoolfees.com or by coming into the finance office M-F between 7:30-3:00pm.

No payments can be taken over the phone.

Refunds will be held until the end of the year to be used for fines or future fees unless otherwise requested.

DRIVERS ED

To register for Drivers Ed, & see updated information regarding classes, range, and road please visit:

[SHHS Drivers Ed](#)

Please direct any further questions to Mr. McDonald via his email at:

eric.mcdonald@nebo.edu

ATTENDANCE & ACADEMIC RECOVERY TIME

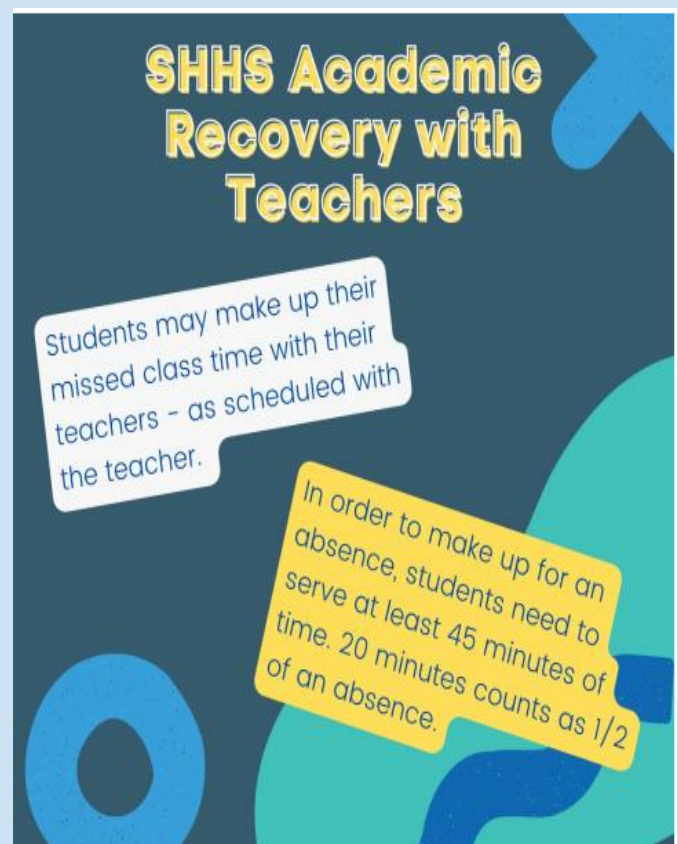
To excuse a student's absence, please simply reply to the "student attendance" email, OR to email the attendance office at: cindie.simmons@nebo.edu. Please be sure to include the student's first & last name, student ID number, as well as the date & class periods that you are needing to excuse your student from.

In order for students to remain eligible for school activities, they must remain under the 20 hour threshold.

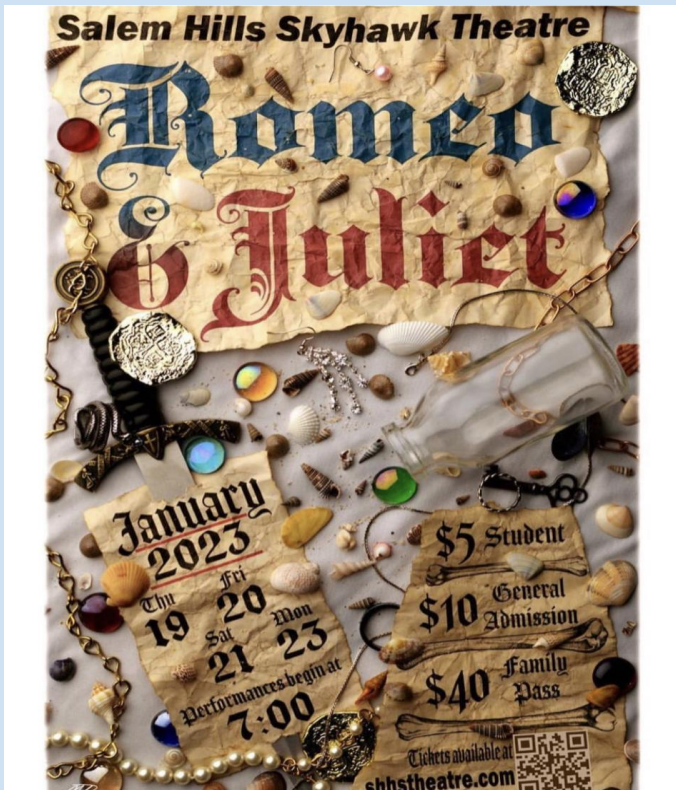
Students will need to makeup their UNEXCUSED absences and missed academic time by one of the following ways:

- Students may make up their missed class time with their teachers, as scheduled with their teacher. Serving 45 minutes counts for 1 absence, serving 20 minutes counts for $\frac{1}{2}$ of an absence.
- ART (Academic Recovery Time) Labs!
 - Tuesday - Friday Before School: 7:00 – 7:45 a.m. in room D209 with Mrs. Tolbert.
 - Tuesday, Thursday, Friday After School: 2:45 – 3:30 p.m. in room D203 with Mr. VanLeuven.
- Wellness Wednesdays
 - Earn double hours each Wednesday after school from 2:45-3:30pm in room D104 with Corom

As a reminder, you may view a copy of our school attendance policy here: [SHHS Attendance Policy](#)



SHHS HAPPENINGS



TURN YOUR DREAM INTO A CAREER With CTE Elective Classes!

Sign up for elective classes that can benefit your future. CTE courses offer a variety of hands-on opportunities. Each class offers career choices, create your schedule wisely so that you can explore your options while in high school and be a CTE Pathway Completer.

<p>Accounting Business Management CE Business Communications Business Office Specialist CE Digital Business Apps CE Digital Media 1 Digital Media 2 CE Economics Electronics 1 Electronics 2 Entrepreneurship Marketing Sports Marketing TV Broadcasting 1 & 2 Video Production 1 & 2 Web Development Teaching as a Profession 1 & 2</p>	<p>Relationship & Family Finance Behavioral Health Child Development Early Childhood Education 1 Early Childhood Education 2 Preschool (ECE 3) Foods 1 Culinary 1 (Foods 2) ProStart Culinary Arts 1 CE ProStart Culinary MGMT 2 Baking & Pastry Sewing 1, 2, 3 Sports and Outdoor Design Fashion Design Fashion Merchandising Interior Design 1 & 2 Commercial Photography 1 & 2 Digital Photography Internships</p>	<p>Woodworking 1 & 2 Pinterest Projects Furniture Design CE Welding Tech 1, 2, 3 Animal Science 1 & 2 Biology Ag Science Biotechnology Equine Science (Horse) 1, 2 Natural Resources Plant and Soil Science Veterinary Assistant Exercise Science & Sports Med Anatomy and Physiology EMR Medical Terminology Floriculture/Greenhouse 1, 2 Law Enforcement Criminal Law</p>
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Attention: **Nebo Parents**
join our next Mental Health Series...

What Parents Need to Know About Suicide Prevention

Dr. Greg Hudnall offers experience and expert advice around how parents can help to prevent suicide

Course Created by:
Dr. Greg Hudnall, Founder of Hope Squad

This session covers the following:

- The Basic Principles of Mental Health
- Why does suicide occur?
- The Warning Signs of Suicide
- What Not to Say and Do
- What You Need to Say and Do
- Where can you go for help?

January 19, 2023
6:00–7:00 PM
via Zoom

Nebo
SCHOOL DISTRICT

Register Here
<https://cookcenter.info/NeboJan19>

Please help **Celebrate**
Teachers, staff and ADMINISTRATION who have **Birthdays**
In January and July

Sign up to bring **Treats**
for Monday Munchies
January 23, 10:00 AM

—Just a little way to say **THANKS** to the amazing teachers, staff and administration at SHHS

<https://www.signupgenius.com/go/5080B4BAEA62EA02-monday>

Sponsored by the SHHS Parent-Teacher-Student Club

STUDENT RECOGNITION



Brooke Warren
Math Scholar of the Week

Brooke Warren is the best student. She understands the work and gets all of her work done on time. She also does all the extra credit work even though she does not need it for her grade. She is one of the handful of students to get the extra credit questions on the tests correct. But best of all, she helps other students in the class to understand the work and not just give them answers.

Mrs. Tolbert
Math Teacher



Abbey Lyman
Positive Attendance Recognition

I chose Abbey Lyman for the "We Show Up Award". Abbey is a fantastic student, not only in attendance and punctuality, but in her positive attitude she has each class. She's a great leader, and comes to class ready to learn. I'm so appreciative of her and the impact she makes in our class!

Mrs. Certonio

RECOGNIZING SKYHAWKS



Brooke Warren
Athlete for Basketball



Christian Shuler
FAN OF THE WEEK



Ethan Thomas
Athlete for Wrestling

PERFORMER OF THE WEEK



Jesse Ewell

This is Jesse's first year in ballroom. He constantly shows up with a good attitude and a smile on his face! He takes corrections with a positive attitude and always says "Thank you". He had amazing sportsmanship at a competition and cheered for his teammates and other teams! We love Jesse!!!

Mrs. Gordon

SOURCES OF INFORMATION

INSTAGRAM

@saalem_hills
#shhsoneheartbeat



FACEBOOK

@saalemhills.skyhawks
#shhsoneheartbeat



SCHOOL WEBSITE

shhs.nebo.edu
[Student Handbook](#)

